

# Wake Up AND Wind Down WITH US

Welcome the day with our fresh, hot breakfast and join us for The Social Monday – Wednesday evenings

M-F breakfast X – X | Weekend breakfast X – X | The Social M-W X - X

## SEPTEMBER 2019

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	1 Daily Features: Plain Egg Whites	2 Daily Features: Breakfast Sandwiches	3 Daily Features: Cajun Home Fries	4 Daily Features: Biscuits and Gravy	5 Daily Features: Breakfast Taco Bar	6 Daily Features: Plain Egg Whites	7 Daily Features: Cheddar Cheese Egg Whites
THE SOCIAL		Gyros and Garden Salad	Nacho Bar and Garden Salad	Brat Bar and Garden Salad			
BREAKFAST	8 Daily Features: Hash Brown	9 Daily Features: Breakfast Casserole	10 Daily Features: Hash Browns	11 Daily Features: Frittata	12 Daily Features: Loaded Country Fries	13 Daily Features: Southwest Egg Whites	14 Daily Features: Spinach, Salsa Egg Whites
THE SOCIAL		Mashed Potatoes, Turkey, Gravy and Garden Salad	Fajita Bar and Garden Salad	Hot Dog Bar and Garden Salad			
BREAKFAST	15 Daily Features: Cajun Potatoes	16 Daily Features: Chicken and Waffles	17 Daily Features: Breakfast Taquitos	18 Daily Features: Sweet Potatoes	19 Daily Features: Cajun Breakfast Potatoes	20 Daily Features: Spinach, Salsa Egg Whites	21 Daily Features: Plain Egg Whites
THE SOCIAL		Pulled Chicken Sliders and Garden Salad	Taco Bar and Garden Salad	Soup, Sandwiches and Garden Bar			
BREAKFAST	22 Daily Features: Sweet Potatoes	23 Daily Features: Loaded Hash Browns	24 Daily Features: Biscuits and Gravy	25 Daily Features: Breakfast Sandwich	26 Daily Features: Loaded Breakfast Quesadillas	27 Daily Features: Frittata	28 Daily Features: Southwest Scramble
THE SOCIAL		Meatball Sliders and Garden Salad	Nacho Bar and Garden Salad	Burger Bar and Garden Salad			
BREAKFAST	29 Daily Features: Biscuits and Gravy	30 Daily Features: Loaded Country Fries					
THE SOCIAL		Mini Potato Bar and Garden Salad					